



Laura's Story

Diagnosis

It was the day after Laura's 30th birthday when she received her diagnosis. She had found a small, pea sized lump under her left breast and after seeking medical assistance, she was advised it was breast cancer.

Laura was devastated by the news. She had been in her position at work for four years and enjoyed her job, but she was unsure as to how this news would affect her career. This worry, along with the obvious fear as to how the diagnosis would affect her physical health, led to a hugely traumatic time.

The next steps

Laura's employers were at a loss as to how they could support such a valued employee. After a discussion with Laura, they decided to utilise the Support Services received with their income protection policy, and make a referral to the Early Intervention Service (EIS).

After the initial call to the EIS helpline, an EIS nurse was in contact with Laura within a few hours. Laura had already seen her consultant oncologist, however she still had some major concerns as to how her personal and professional life would be affected. The nurse was able to discuss her situation in great detail, and signpost her towards various support groups, credible literature and appropriate websites that could help with her worries.

The nurse was also able to produce a return to work plan that Laura and her employer felt comfortable with. Laura felt much more in control of the situation and could start to plan her future more effectively.

Outcome

Laura underwent her treatment and followed her carefully thought-out return to work plan. Within six months she was back at work and coping well.

For more information, visit
www.canadalife.co.uk/group/earlyinterventionservice



breast cancer care
here from day one

1 IN 8
WOMEN
IN THE UK
WILL DEVELOP
BREAST
CANCER
IN THEIR LIFETIME

55,000
PEOPLE ARE DIAGNOSED WITH BREAST CANCER IN THE UK EVERY YEAR
THAT'S ONE PERSON EVERY 10 MINUTES

10 MINS

85% **WILL SURVIVE BEYOND 5 YEARS**

AROUND 12,000
IN THE UK
WILL DIE FROM BREAST CANCER EACH YEAR

www.breastcancercare.org.uk/about-us/media/press-pack-breast-cancer-awareness-month-2015/facts-statistics-2015

Three main risk factors

- 1 GENDER** – Women have a much greater risk of developing breast cancer, but around 400 men are also diagnosed each year.
- 2 AGE** – Around 80% of women who develop breast cancer are over the age of 50. The majority of men are over the age of 60.
- 3 FAMILY HISTORY** – Around 5% of people diagnosed have inherited a faulty BRCA1 or BRCA2 gene.



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Our forms are available to download from our website: www.canadalife.co.uk/group

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