

Bereavement Counselling

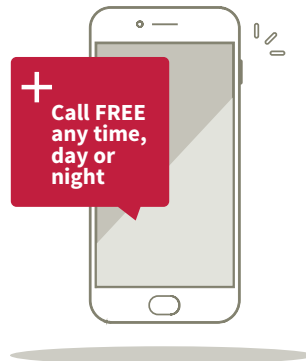
Expert bereavement support

Losing someone close can be devastating – no one should go through it alone. Our bereavement counselling service gives you time and space to talk about your feelings.

It provides access to a dedicated helpline and up to four telephone sessions with a qualified counsellor.

The service includes:

- ✔ Access to a dedicated bereavement counselling helpline
- ✔ Confidential support and advice from HCPC registered Psychologists
- ✔ Up to four structured telephone counselling sessions
- ✔ Practical advice on areas including self-help, relevant charities and other support groups
- ✔ Face-to-face sessions can be made available where necessary
- ✔ Available to you and your immediate family



Access bereavement counselling experts on

**0800
912 0826**

You will be asked which company you work for.

FREE¹ to use for:

- ✔ All UK-based employees covered by a Group Life Insurance policy.
- ✔ Your immediate family members, which includes any spouse, partner, parent or sibling living in the same household; any legal dependant under the age of 21 and in full time education; or any other legal dependant who is dependent on the member because of disability.

¹ Free for all service users as the Support Service costs are absorbed with the Group Insurance policy premium.

More information is available on our website: www.canadalife.co.uk/group

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