

Bereavement Counselling



**24/7
bereavement
support**

Losing someone close can be devastating - no one should go through it alone. Talking to family and friends can help, but sometimes you might need extra support.

Bereavement Counselling gives you time and space to talk about your feelings. It provides unlimited access to a 24/7 helpline and up to four sessions with a qualified counsellor.

**Call for free, anytime, day or night
0800 912 0826**

